

| | GROEP 1 | | Tijd 3 (11-9) | Tijd 1 (19-4) | Tijd 2 (28-6) | Eindtijd (= tijd 3 + tijd 1 of 2, beste telt) |
|----|--------------------|---|----------------------|----------------------|----------------------|--|
| 1 | Brechtje Prins | 1 | 15,003 | 17,570 | 16,196 | 31,199 |
| 2 | Isra Brakke | 1 | 16,397 | 15,592 | 17,339 | 31,989 |
| 3 | Isa Hoeve | 1 | 15,861 | 17,015 | 16,774 | 32,635 |
| 4 | Fiona Brakke | 1 | 18,122 | | 17,612 | 35,734 |
| 5 | Amy Redder | 1 | 19,496 | 19,458 | 17,645 | 37,141 |
| 6 | Merle Talen | 1 | 19,148 | | 19,152 | 38,300 |
| 7 | Joah Makkinga | 1 | 20,256 | 18,810 | | 39,066 |
| 8 | Jaïra Slager | 1 | 20,414 | | 20,245 | 40,659 |
| 9 | Lana Hoeve | 1 | 22,112 | 24,810 | | 46,922 |
| 10 | Noa Schra | 1 | 21,785 | 26,024 | 26,093 | 47,809 |
| 11 | Lize Troost | 1 | 25,014 | | 34,097 | 59,111 |
| 12 | Desi Lindhout | 1 | 20,405 | | | 20,405 |
| 13 | Sven Talen | 1 | 21,066 | | | 21,066 |
| 14 | Esmee de Jong | 1 | 24,318 | | | 24,318 |
| | Anne Maj Nooren | 1 | | 17,880 | | 17,880 |
| | Fenna Vos | 1 | | 18,683 | 18,155 | 18,155 |
| | Elena Slager | 1 | | | 18,348 | 18,348 |
| | Merit Wassenaar | 1 | | | 18,368 | 18,368 |
| | Eva Compagner | 1 | | | 19,184 | 19,184 |
| | Veerle Veldman | 1 | | | 19,724 | 19,724 |
| | Naomi Schra | 1 | | 19,847 | 20,599 | 19,847 |
| | Lieke Schra (2016) | 1 | | 20,975 | | 20,975 |
| | Dejan de Groot | 1 | | 20,986 | 21,119 | 20,986 |
| | Larsen Nooren | 1 | | 21,034 | | 21,034 |
| | Norah Courtz | 1 | | 21,662 | | 21,662 |
| | Jasmijn Dekker | 1 | | 31,646 | | 31,646 |