



| Buitenste groep + Senioren | | | 100 meter obstakels (sec) | 600 meter (sec) | TOTAAL | | |
|----------------------------|-----------|---------------|---------------------------|-----------------|--------|----|---------|
| 1 | Marthijn | Mulder | 18,675 | 2 | 44,628 | 1 | 63,303 |
| 2 | Jurrian | Haasjes | 18,641 | 1 | 49,037 | 2 | 67,678 |
| 3 | Joël | Haasjes | 18,877 | 3 | 54,531 | 4 | 73,408 |
| 4 | Marieke | Kroes | 20,071 | 4 | 53,795 | 3 | 73,866 |
| 5 | Daphne | Hendriks | 22,980 | 11 | 55,177 | 5 | 78,157 |
| 6 | Marisha | Hengsteboer | 21,585 | 6 | 57,402 | 6 | 78,987 |
| 7 | Rosa Lynn | Compagner | 20,193 | 5 | 59,153 | 9 | 79,346 |
| 8 | Julian | van Elp | 21,701 | 7 | 58,62 | 8 | 80,321 |
| 9 | Gerard | Hulst | 23,742 | 13 | 57,534 | 7 | 81,276 |
| 10 | Ismay | Hulst | 21,959 | 8 | 64,306 | 11 | 86,265 |
| 11 | Henriët | Bloemert | 26,888 | 22 | 60,566 | 10 | 87,454 |
| 12 | Sofie | Spijker | 21,972 | 9 | 66,451 | 12 | 88,423 |
| 13 | Richard | Mussche | 22,080 | 10 | 67,109 | 13 | 89,189 |
| 14 | Lieke | Van den Bosch | 24,237 | 15 | 67,488 | 14 | 91,725 |
| 15 | Vera | Nijboer | 24,237 | 16 | 71,828 | 15 | 96,065 |
| 16 | Daan | van der Sluis | 24,009 | 14 | 73,860 | 16 | 97,869 |
| 17 | Myrthe | Kooiker | 24,334 | 17 | 74,464 | 17 | 98,798 |
| 18 | Fleur | van der Sluis | 23,557 | 12 | 77,162 | 18 | 100,719 |
| 19 | Lieke | Nijboer | 25,511 | 20 | 77,921 | 19 | 103,432 |
| 20 | Vera | Bloemert | 25,484 | 19 | 78,258 | 21 | 103,742 |
| 21 | Marlon | van Oosten | 27,104 | 23 | 77,944 | 20 | 105,048 |
| 22 | Maylinn | Roo | 27,914 | 24 | 79,587 | 22 | 107,501 |
| 23 | Laura | Prins | 28,056 | 25 | 80,992 | 23 | 109,048 |
| 24 | Marlize | Haasjes | 24,687 | 18 | 84,991 | 25 | 109,678 |
| 25 | Sanne | Hulst | 29,117 | 26 | 81,882 | 24 | 110,999 |
| 26 | Linde | Prins | 25,562 | 21 | 86,175 | 26 | 111,737 |
| 27 | Vivian | Roo | 29,338 | 27 | 93,640 | 27 | 122,978 |

Resultaten gesplitst

| Jeugd Groep 3 | | | 100 meter obstakels (sec) | 600 meter (sec) | TOTAAL | | |
|---------------|-----------|---------------|---------------------------|-----------------|--------|----|---------|
| 1 | Rosa Lynn | Compagner | 20,193 | 1 | 59,153 | 1 | 79,346 |
| 2 | Sofie | Spijker | 21,972 | 2 | 66,451 | 2 | 88,423 |
| 3 | Vera | Nijboer | 24,237 | 5 | 71,828 | 3 | 96,065 |
| 4 | Daan | van der Sluis | 24,009 | 4 | 73,860 | 4 | 97,869 |
| 5 | Myrthe | Kooiker | 24,334 | 6 | 74,464 | 5 | 98,798 |
| 6 | Fleur | van der Sluis | 23,557 | 3 | 77,162 | 6 | 100,719 |
| 7 | Lieke | Nijboer | 25,511 | 9 | 77,921 | 7 | 103,432 |
| 8 | Vera | Bloemert | 25,484 | 8 | 78,258 | 9 | 103,742 |
| 9 | Marlon | van Oosten | 27,104 | 11 | 77,944 | 8 | 105,048 |
| 10 | Maylinn | Roo | 27,914 | 12 | 79,587 | 10 | 107,501 |
| 11 | Laura | Prins | 28,056 | 13 | 80,992 | 11 | 109,048 |
| 12 | Marlize | Haasjes | 24,687 | 7 | 84,991 | 13 | 109,678 |
| 13 | Sanne | Hulst | 29,117 | 14 | 81,882 | 12 | 110,999 |
| 14 | Linde | Prins | 25,562 | 10 | 86,175 | 14 | 111,737 |
| 15 | Vivian | Roo | 29,338 | 15 | 93,640 | 15 | 122,978 |

| Senioren | | | 100 meter obstakels (sec) | 600 meter (sec) | TOTAAL | | |
|----------|----------|---------------|---------------------------|-----------------|--------|----|--------|
| 1 | Marthijn | Mulder | 18,675 | 2 | 44,628 | 1 | 63,303 |
| 2 | Jurrian | Haasjes | 18,641 | 1 | 49,037 | 2 | 67,678 |
| 3 | Joël | Haasjes | 18,877 | 3 | 54,531 | 4 | 73,408 |
| 4 | Marieke | Kroes | 20,071 | 4 | 53,795 | 3 | 73,866 |
| 5 | Daphne | Hendriks | 22,980 | 9 | 55,177 | 5 | 78,157 |
| 6 | Marisha | Hengsteboer | 21,585 | 5 | 57,402 | 6 | 78,987 |
| 7 | Julian | van Elp | 21,701 | 6 | 58,62 | 8 | 80,321 |
| 8 | Gerard | Hulst | 23,742 | 10 | 57,534 | 7 | 81,276 |
| 9 | Ismay | Hulst | 21,959 | 7 | 64,306 | 10 | 86,265 |
| 10 | Henriët | Bloemert | 26,888 | 12 | 60,566 | 9 | 87,454 |
| 11 | Richard | Mussche | 22,080 | 8 | 67,109 | 11 | 89,189 |
| 12 | Lieke | Van den Bosch | 24,237 | 11 | 67,488 | 12 | 91,725 |